

September 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 <i>KHS Swim @ Homer</i>	6 <i>KHS Swim @ Homer</i>
7	8	9	10	11	12 <i>KHS Swim Home w/ Homer</i>	13 <i>KHS Swim Home w/ Homer</i>
14	15	16	17 Board Meeting 4:30 Commons B	18	19 <i>KHS Swim @ SoHi Pentathlon</i> <i>KHS Homecoming</i>	20 <i>KHS Homecoming</i>
21	22	23	24 Board Meeting 4:30 Commons B	25 KKF Registration HS Foyer 4:00—6:00	26 <i>KHS Swim @ Kenai Invite</i>	27 <i>KHS Swim @ Kenai Invite</i>
28	29 All gold swimmers Begin 5:30—6:30 MWF	30				

October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>New swimmer evaluation @ 5:30</i>	2	3 <i>KHS In-service</i>	4
5	6	7 <i>KKF Board Meeting 4:30</i>	8	9	10 <i>KHS Swim Home w/ Dimond</i>	11 <i>KHS Swim Home w/ Dimond</i>
12	13	14	15	16	17 <i>KHS Swim Palmer Invite</i>	18 <i>KHS Swim Palmer Invite</i>
19	20	21	22	23 <i>Elem. & KMS In-service</i>	24 <i>Elem. & KMS In-service</i>	25
26	27	28	29	30	31 <i>KHS Swim Regions @ Valdez</i>	<i>KHS Swim Regions @ Valdez</i>

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<i>KHS Swim Regions @ Valdez</i>	<i>1 KHS Swim Regions @ Valdez</i>
<i>2</i>	<i>3 KKF Board Meeting 4:30 Nutritional Training & Potluck</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7 KHS Swim State @ Bartlett</i>	<i>8 KHS Swim State @ Bartlett</i>
<i>9</i>	<i>10 Blue Practice Begin- Gold Practice time change</i>	<i>11 Puffin Practice Begin</i>	<i>12</i>	<i>13</i>	<i>14 NLSC Thanksgiving Invite</i>	<i>15 NLSC Thanksgiving Invite</i>
<i>16 NLSC Thanksgiving Invite</i>	<i>17 Quilt Raffle Packets go home</i>	<i>18 Quilt Raffle Packets ego home</i>	<i>19 Quilt Raffle Packets ego home</i>	<i>20 Quilt Raffle Packets ego home</i>	<i>21 Quilt Raffle Packets ego home</i>	<i>22 Home KKF Meet Quilt Raffle Packets to go home</i>
<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27 Thanksgiving No swim practice</i>	<i>28 No swim practice</i>	<i>29</i>
<i>30</i>						

December 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>KKF Board Meeting 4:30</i>	3	4	5 <i>Age Groups Ketchikan</i>	6 <i>Age Groups Ketchikan</i>
7 <i>Age Groups Ketchikan</i>	8	9	10	11	12	13 <i>Home Meet w/ Quilt Raffle</i>
14	15	16	17	18 <i>Joe Floyd Tourney</i>	19 <i>Joe Floyd Tourney</i>	20 <i>Joe Floyd Tourney</i>
21	22 <i>Winter Break → No practice</i>	23	24	25	26	27
28	29 <i>Winter Break → No practice</i>	30	31			

January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Winter Break → No practice</i>	2	3
4	5 <i>Practice resumes</i>	6 <i>KKF Board Meeting @ 5:00</i>	7 <i>Morning dry land training begins MWF</i>	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 <i>Home Meet</i> <i>Pass out Swim to Homer Packets</i>

February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>KKF Board Meeting @ 5:00</i>	4	5	6	7
8	9	10	11	12	13	14 <i>Valentine Invite @ Kenai</i>
15	16	17	18	19	20 <i>Home Meet distance events dur- ing practice</i>	21 <i>Home Meet</i>
22	23	24	25	26	27 <i>Swim to Homer Fundraiser</i>	28

March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>Board Meeting @ 5:00</i>	4	5 <i>Puffins cancelled</i> <i>Golds enter through back doors</i>	6 <i>Blues cancelled</i> <i>Golds enter through back doors</i>	7
8 <i>Home Meet</i> <i>Warm ups @ 1:00</i>	9	10 <i>Western Region Sectionals →</i>	11	12	13	14 <i>Western Region Sectionals</i>
15	16 <i>Spring Break →</i> <i>Practice for JO</i> <i>qualifiers all week</i> <i>10:00-11:30</i>	17	18	19	20	21
22	23	24	25	26	27 <i>NW Age Group Sectionals</i>	28 <i>NW Age Group Sectionals</i>
29 <i>NW Age Group Sectionals</i>	30	31 <i>Board Meeting @ 5:00</i>				

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>AK Junior Olympics @ Bartlett</i>	3 <i>AK JOs</i>	4 <i>AK JOs</i>
5 <i>AK JOs</i>	6	7	8	9	10	11
12	13	14	15	16	17	18 <i>Home Meet</i>
19	20	21	22	23	24	25
26	27	28	29	30 <i>Last Swim Practice for Puffins</i>		

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Last day of practice for all</i>	2 <i>Sprint Champs @ Soldotna</i>
3	4	5 <i>Board Meeting @ 5:00</i>	6	7	8 <i>Annual Membership Meeting @ Nemetz Gazebo</i>	9
10	11 <i>Board Meeting @ 5:00</i>	12	13	14	15	16
17	18	19	20	21 <i>Crab Fest →</i>	22	23
24	25 <i>Memorial Day</i>	26	27 <i>Last Day of School</i>	28	29	30
31						